

**Annual
General
Meeting**

coeliadac uk
Belfast Local Group

- 15 May 2024 Errigle Inn, Belfast

May We?



Agenda

1. AGM

2. Food!

3. Quiz + Raffle

4. Thank You!

5. AOB



Annual General Meeting



- Approve 2023 AGM Minutes
- About Us
- Group Organisers report
- Approve Treasurers report
- Election of new committee
 - New Members Welcome!
- 2024 Events
- AOB

Committee – Indebted to you!



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- Barry Mc Kinney – Group Organiser
 - Fedelmia Regan – Treasurer
 - John Stannard – Secretary
 - Ann Nummy - Member
 - Betty Fitzsimons – Member
 - Brian Pike - Member
 - Davey Stewart – Member
 - Kathryn Edgar - Member
 - Sinéad Dynan – Member
 - Valerie Meadows – Member

Who's Who?



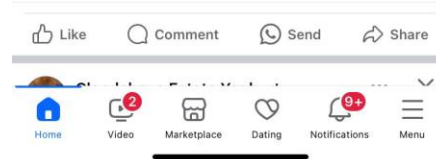
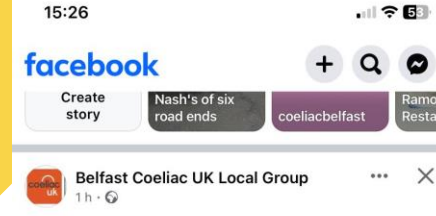
Ann, Betty, Davey & Sinéad



Group Organisers Report

- Regular Facebook Posts – Thanks Brian & Sinéad
 - <https://www.facebook.com/CoeliacUKBelfast/>
- Email communications – Thanks John
- Committee Meetings – Thanks Kathryn
- Gourmet GF Dining – Autumn 2023, Spring 2024
- Awareness Month - Sainsburys Stand
- Upcoming Events
 - Coffee Mornings – Thanks Kathryn & Brian
 - Stormont 20th May
 - Gourmet GF Dining
 - Ideas Please! For the youngsters!





19:38

coeliacbelfast 8h

Shoutout to all parents of young coeliacs!

wee_glutenfree

Parents of coeliac children in greater Belfast/ north Down/ Lisburn/ Antrim and surrounding areas....

Would you be interested in attending a young coeliac group if it was available??

How far would you be willing to travel?

Would you be agreeable to helping organise/run a group?


Please share or screenshot and share if you are local and have followers who might contribute to my scoping 🙏

#belfast #wee_glutenfree #coeliacuk #coeliacukbelfast #coeliacuknorthdown #coeliacuklisburn #coeliacukcoleraine #coeliacuknewry #coeliacuknewcastle #coeliacuknewry #coeliacuknewry

Send message



May, 15 2024

Accounts of the Coeliac UK – Belfast Local Group


Treasurer's Report CY 2023

<u>Financial Year</u>	<u>Bank Balance</u>	<u>Comment</u>
Accounts FY 2022	£	
Opening Balance 01 Jan 2022	4,298.72	
Closing Balance 31 Dec 2022	4,205.72	
Accounts FY 2023	£	
Opening Balance 01 Jan 2022	4,205.72	
Closing Balance 31 Dec 2022	4,159.72	
Comment	-46.00	Details – see below

Notes

1. Bank balance remains well in credit.
2. Local Group funds subsidised £171 AGM Fish & Chips £4.50 per head. 38 covers including CEO meal.
3. No entrance charge for quiz. Quizmaster costs covered by Local Group funds.
4. No costs incurred for prizes, postage, or printing (committee and supermarket donations).
5. Academy events are handled directly by the restaurant (bookings and billing).

2023 FY FINANCIAL DETAIL CUK BELFAST LOCAL GROUP

Receipts			Notes	Payments			Notes
Unrestricted Income				Unrestricted Expenditure			
Fundraising Events	605.00		[Errigle AGM: Food £360 deposits + Ballot £245]	Fundraising Costs	651.00		[Errigle AGM: Food £551 + Quizmaster £100]
Member Subscriptions	0.00			Postage	0.00		
Donations	0.00			Printing & Stationery	0.00		
Group Events	0.00			Group Events	0.00		
Total Unrestricted Income	A	605.00		Total Unrestricted Expenditure	D	651.00	
Restricted Income				Restricted Expenditure			
Fundraising Events	0.00			Restricted Expenditure	E	0.00	
Grants	0.00						
Donations	0.00			Total Expenditure	F	651.00	
Collection Boxes	0.00						
Legacies	0.00			Projected Activity (Next Q)			
Other	0.00			Expenditure (uncleared)		0.00	
Total Restricted Income	B	0.00		Fixed Assets Over £50?		No	
Total Income	C	605.00		Cash In Hand at end of period			0.00
Projected Activity (Next Q)							
Receipts (uncleared)		0.00					
Bank balance at end of period (31 Dec 2023)					4,159.72		
Opening Balance at start of Period (01 Jan 2023)					4,205.72		
[Expenditure – Income]					-46.00		

Committee Election



- Barry Mc Kinney – Group Organiser
- Fedelmia Regan – Treasurer
- John Stannard – Secretary
- New Members Most Welcome!

THANK YOU



MACE

NEWTON PARK



DUNNES
STORES



INDIE FÜDE
INDEPENDENT FOOD CO.



M&S
— FOOD —



THE ERRIGLE
— INN —



Michel's
Fresh Fruit & Vegetables

Our Esteemed Committee

DIARY DATES



Colin McGrath MLA

Requests the pleasure of your company
at a reception entitled:

Coeliac disease in Northern Ireland - diagnosis, delays and the missing 10,000!

1pm Monday 20th May 2024
Room 115
Parliament Buildings,
Stormont,
Belfast
BT4 3XX

Despite 1 in 100 people having coeliac disease, only around half of these have a diagnosis. On average it takes 13 years to get one. This lost time not only places an undue burden on the health service but impacts the quality of life of those suffering from the resultant unexplained symptoms of this autoimmune disease. Crucially, undiagnosed and untreated coeliac disease risks the development of serious long-term health complications.

Hosted by Colin McGrath MLA and supported by Coeliac UK, the national charity for people with coeliac disease and other gluten related conditions, the event will hear from patients and clinicians about the barriers to diagnosis of the condition, the concerning implications for the health service and its impacts on the more than 10,000 people in Northern Ireland as yet undiagnosed.

RSVP: tristan.humphreys@coeliac.org.uk

Refreshments will be provided. Please do let us know if you have any specific dietary requirements ahead of the event. All food and refreshments provided on the day will be gluten free.

Timing	Content
13.00	Event begins – refreshments available
13.05	Colin McGrath MLA - Welcome
13.10	Tristan Humphreys, Head of Advocacy, Coeliac UK - Coeliac disease: the challenge of underdiagnosis
13.15	Joy Whelan, Gastroenterology Dietitian, Western Trust – A healthcare professional's perspective

13.20	Laura McGrath – My diagnosis story
12.25	Networking/drop in
14.00	Close

Help us choose what research to fund

We are committed to funding research that underpins and integrates with the needs of patients and those who care for them. We will develop a long-term research agenda to improve the understanding, diagnosis, treatment and management of coeliac disease and other gluten related immune conditions. We are also committed to involving people with coeliac disease and other gluten related conditions, their families and carers in our research activities.

<https://www.coeliac.org.uk/research/our-approach/member-review-panel/>



Have your say with our Member Review Panel

Become a member of our [Member Review Panel](#) and help us select what research to fund.

Different ways you can play a role in research

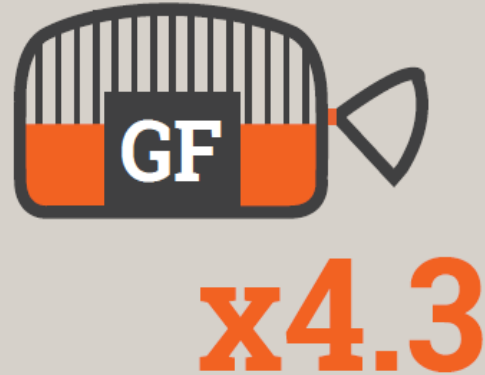
You can have an active and important role in research and there are many ways you can be involved:

- completion of a survey from home either online or by post
- completion of a survey away from home, for example, in a supermarket
- focus group
- one to one interview, face to face or over the phone
- gluten free food trial
- trials for new treatments
- providing a biological sample, for example, blood, urine, saliva, faeces.

Access and Availability volunteering project - Key findings



The cheapest gluten free loaf of bread is x **7.2 more expensive** than the cheapest gluten containing loaf



A gluten free loaf of bread is on average **4.3 times more expensive** than a standard gluten containing loaf.



Shoppers will pay on average **double** for gluten free staple substitutes like pasta, flour, bread rolls, cereals



A weekly gluten free food shop can be as much as **20% more expensive** than a standard weekly food shop*

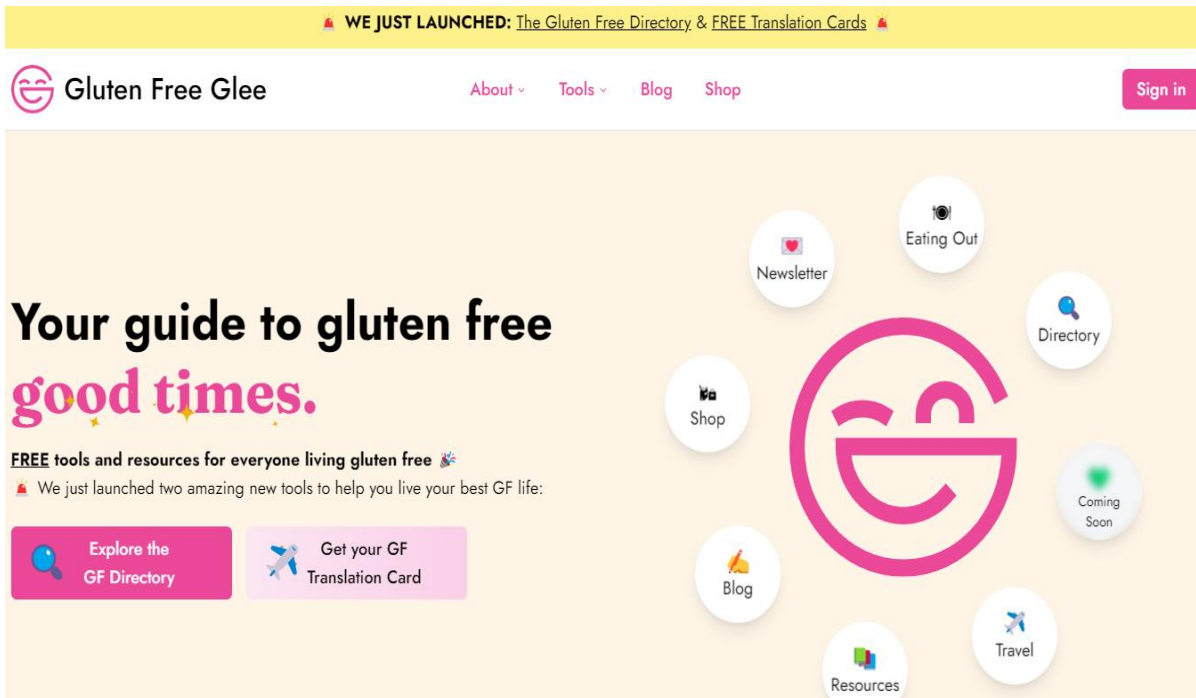
90% of shoppers experienced out of stock issues

84% of shoppers need to visit more than one store to complete their weekly gluten free food shop

Useful Info

- QR Codes – lots of useful info

- <https://www.gfglee.com/>




- <https://glutenfreecuppatea.co.uk/>



Did you know?

- 40% of GPs thought that 1 in 10,000 had CD
- 25% of GPs knew it was 1 in 100 had CD
- 37% of GPs didn't realise that you had to be on a gluten diet prior to diagnosis
- NICE guidelines on annual testing
- Proven link between Downs Syndrome and CD
- Proven link between Type 1 Diabetes and CD

Quiz + Raffle



- Picture Round
- Some hard questions!
- No phones!
- Raffle - £5 per strip or VFM option £10 for triple header