



Food and Drink Guide Updates – August 2024

Additions

Food and Drink Guide - Section 1 Crossed Grain Licenced

**Please note* – Products from Lola's Cupcakes can be purchased at various kiosks and through their website. Where it states cake/cupcake below, this indicates the product can be bought as cupcakes or as a single cake. Products from the brand Sponge, can be purchased through their website. Items can be found via the app and website, by typing in the product name.

Bakery

Bread (p.22)

Genius

Soft Brown Farmhouse 550g Soft White Farmhouse 550g

Cakes & Muffins (p.23)

Lola's Cupcakes *

Gluten Free Blueberry Cake/Cupcake 130g Salted Caramel Cupcake / Cake 128g Raspberry & Chocolate Cupcake 141g Tiramisu Cupcake 113g Carrot Cupcake / Cake 118g Gluten Free Vegan Chocolate Cupcake 117g Vegan Gluten Free Chocolate Fudge Cupcake / Cake 120g Gluten Free Red Velvet cupcake / Cake 106g Gluten Free Red Velvet cupcake / Cake 106g Gluten Free Vegan Lemon Berry Cupcake 125g Rainbow Pink Vanilla cupcake 121g Gluten Free Mixed Cupcake Box 750g Gluten Free Vegan Variety Box 600g Millionaire Shortbread Brownie 134g Chocolate Brownie 96g 😒 Red Velvet Brownie 95g 😒 Salted Caramel Brownie 119g 😒 Chocolate Heaven Brownie 112g 😒 Cookie Dough Brownie 106g 😒 Tropical Opera cake 2.6kg 😒 Sponge * Gluten Free Hazelnut Brownie 400g 😒 Triple Chocolate Brownie 400g 😒 Raspberry & White Chocolate Brownie 400g 😒 Salted Caramel Brownie 400g 😒 Vegan Hazelnut Praline Brownie 400g 🚿 Vegan Chocolate Brownie 400g 😒 Vegan Raspberry & Dark Chocolate Brownie 400g \otimes Farmhouse Cake 1kg 😒 Gluten Free Lemon & Orange 1kg 😒 Gluten Free Lemon 1kg 😒 Gluten Free Maple & Pecan 1kg 😒 Gluten Free Millionaires 1kg 😒 Gluten Free Victoria 1kg 😒 Lemon Meringue 1kg 😒 Gluten Free Chocolate 1kg 😒 Gluten Free Coffee 1kg 😒 Gluten Free Chocolate & Caramel 1kg 😒 Gluten Free Banana & Chocolate 1kg 😒 Gluten Free Apple Crumble 1.2kg 😒 Gluten Free Carrot 1.2kg 😒





Ready Meals, Pre Prepared Products & Side Dishes

Meatless Alternatives (p.58) Gosh!

Autumn Harissa Burger 200g Winter Roots Burger 200g ⊗

Snacks & Confectionery

Crisps (p.67) Seabrook

Boxing Day Curry Crinkle Cut 120g Burger Flavour Crinkle Cut 130g Cheese Chutney Crinkle Cut 120g Spiced Gingerbread Crinkle Cut 120g Spicy Taco Crinkle Cut 130g Thai Green Curry Flavour Crinkle Cut 130g Tomato Ketchup Flavour Crinkle Cut 25g Pigs in Blankets Flavour Puffs 100g Turkey & Stuffing Flavour Bites 100g

Deletions

The products with the Crossed Grain trademark have been removed from our service, as they are no longer produced. If you have a Crossed Grain item listed below in your home, it is suitable for a gluten free diet. You will however no longer be able to find that product in the supermarket.

Bakery

Bread (p.22) BFree Brown Seeded Loaf 400g ⊗

Breakfast Cereals (p.28)

Diet Chef

Gluten Free Fruity Oats Muesli 40g ⊗ Gluten Free Pure Porridge Oats 40g ⊗