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Food and Drink Guide Updates – July 2024

Additions

Food and Drink Guide - Section 1
Crossed Grain Licenced

Bakery

Cakes & Muffins (p.23)

Genius

2 Teacakes 190g ☒

Ready Meals, Pre Prepared Products & Side Dishes

Meatless Alternatives (p.58)

Riverside Food Services

Breaded Edam Cheese 3 x 1kg ☒

Vegetarian Dishes

Meatless Alternatives (p.72)

Gosh!

Aloo Tikka Bites 171g ☒

Katsu Bites 171g ☒

V'duja Bites 171g ☒

Deletions

The products with the Crossed Grain trademark ☒ have been removed from our service, as they are no longer produced. If you have a Crossed Grain item listed below in your home, it is suitable for a gluten free diet. You will however no longer be able to find that product in the supermarket. Products without the trademark are either no longer produced or are now unsuitable for the gluten free diet.

Section 2

Aldi

Snacks

Sweet (p.91)

Dairyfine Milk Chocolate Peanuts 180g *

Ready Meals, Pre Prepared Products and Side Dishes

Potato Dishes (p.89)

Four Seasons Curly Fries 650g *

Asda

Ready Meals, Pre Prepared Products and Side Dishes

Meat Ready Meals (p.99)

Classic Meals Minced Lamb Hotpot 400g

***Please note** – The products listed here are suitable for a gluten free diet. Aldi however also have products of the same weight and similar packaging, that are gluten containing. To avoid confusion, please remove the items marked here from your printed Food and Drink Guide or double check to ensure the version you have does not



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coeliacuk
live well gluten free

contain gluten. More information on reading food labels is available at www.coeliac.org.uk/information-and-support/living-gluten-free/the-gluten-free-diet/food-shopping/food-labels/. If in doubt you can contact our Helpline on 0333 332 2033.