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## Food and Drink Guide Updates – October 2021

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### Additions

#### Food and Drink Guide - Section 1

#### Crossed Grain Licenced

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### Bakery

#### Cakes & Muffins

**Jack Berry** (p.21)

Marvellous Muffins 500gⓧ

### Drinks

#### Drinks – Alcoholic Drinks

**Williams Bro** (p.38)

El Perro Negro 440mlⓧ

### Kitchen Cupboard

#### Home Baking

**Jack Berry** (p.44)

White buckwheat flour 1kgⓧ

Amaranth flour 1kgⓧ

Amaranth flour 25kgⓧ

Coconut flour 25kgⓧ

Coconut flour 500gⓧ

Bread Mix – Brown 500gⓧ

Bread Mix - Farmhouse 500gⓧ

Bread Mix - White 500gⓧ

Millet flour 1kgⓧ

Millet flour 25kgⓧ

Potato Starch 1kgⓧ

Potato Starch 25kgⓧ

Pumpkin seeds flour 1kgⓧ

Pumpkin seeds flour 25kgⓧ

Pumpkin seeds flour 500gⓧ

Quinoa Flour 1kgⓧ

Quinoa Flour 25kgⓧ

Rice Flour 1kgⓧ

Rice Flour 25kgⓧ

White Buckwheat Flour 25kgⓧ

White Plain Flour 1kgⓧ

### Stuffing Mixes

**Aldi – Specially Selected** (p.46)

Festive Wreath 480gⓧ

### Ready Meals, Pre Prepared Products and Side Dishes

#### Breaded Chicken and Fish Products

**Heck!** (p.60)

Italia Posh Chicken Nuggets 400gⓧ

Piri Piri Posh Chicken Nuggets 400gⓧ

#### Burgers, Kebabs and Meatballs

**Gosh!** (p.61)

Mexican Style Mini Burger 40gⓧ

**Specially Selected**(p.61)

Tasty & Succulent Scotch Beef PGI Meatballs 340g

ⓧ

#### Meatless Alternatives

**Gosh!** (p.63)

Original Falafel 22gⓧ

Tomato and Basil Croquettes 25gⓧ

**Heck!** (p.63)

Meat Free 300gⓧ

### Snacks & Confectionary


#### Biscuits


**Nairns** (p.73)


Salted Caramel Oat Biscuit Breaks 160gⓧ

### **Cereal and Fruit Bars**

#### **Eat Natural (p.74)**

Mixed Berry and Yoghurt Bar with Cranberries,  
Blueberries, Blackcurrants 50g 

Dark Chocolate Protein Bar with Pecans, Cashews,  
Peanuts 50g 

Chocolate Caramel Nut Bar with Almonds, Pecans,  
Coconut 50g 

#### **Truly (p.75)**

Apple & Cinnamon Soft Oat Bar 35g 

Apricot Soft Oat Bar 35g 

Cocoa & Chia Soft Oat Bar 35g 

Cranberry Soft Oat Bar 35g 

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#### **Deletions**

There are no deletions for the October updates

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