

# UNIVERSITY OF BIRMINGHAM

## **The 'Living Well with Coeliac Disease' research project; questionnaire validation study.**

**Introduction:** This study is part of my PhD project. The overall goal of my PhD is to design a package of psychological support to help people live well with coeliac disease. In this phase of the project, I will design a questionnaire that will help me to identify the areas of life where people with coeliac disease are living well, and also those areas which are more difficult.

I would like at least 300 adults with coeliac disease to complete my questionnaire, along with several similar questionnaires, online.

**Who can take part?** If you would like to take part in the study you must be:

- Aged 16 or over
- Have received a clinical diagnosis of coeliac disease
- Have been diagnosed for three months or longer
- Have good understanding of written English
- Live in the UK for the majority of the year

**What is involved?** You will be asked to complete a set of several questionnaires online, one that I have designed and several other similar questionnaires. Our short pilot study showed that on average it takes people around 20 minutes to complete the questionnaire set. Each question is a statement, and these are about living with coeliac disease, how you generally feel in social situations and about your broader feelings about your health and illness. You will be asked to indicate how much you agree or disagree with each statement by selecting a response from a list. There are no right or wrong answers; we are interested in your own experiences, thoughts, views and feelings. At the start of the questionnaire there is some more information about the study which you will be asked to read before you decide to take part.

**How to take part:** If you are interested in taking part in the study you can find further information and the link to the questionnaire sets at:

<http://ow.ly/pCzz308WS8s>

If you would like some more information, please contact the researcher at the University of Birmingham: Catharine Rose, email: [clr611@student.bham.ac.uk](mailto:clr611@student.bham.ac.uk) ; telephone: 07554 057901 Please note that by making contact and showing an interest you are not obliged to take part in the study.

This is a study by the University of Birmingham and has been approved by the University of Birmingham STEM Ethics Committee. The study is self-funded by Catharine Rose (self-funding PhD student).

Catharine Rose is studying for a PhD degree in Health Psychology. This research will form part of Catharine Rose's PhD thesis.