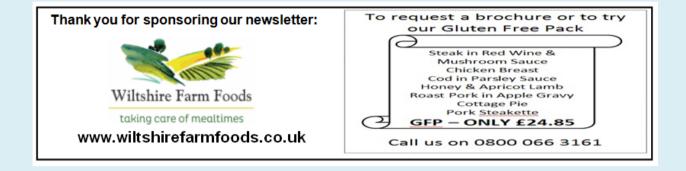


East Sussex Newsletter Number 5 - September 2013



Important Notice - Your group needs YOU!

Since our group was established in February 2012, we have made several appeals for committee members. The committee meets several times a year, and whilst we ask for a small amount of your time, the aim we share of improving the lives of those with coeliac disease and dermatitis herpetiformis is rewarding.

Your current group organisers (Rachael and Matthew) will be standing down from their roles in December. For the East Sussex group to continue, we need members to come forward and take up a committee role. If we are unable to fill these roles, there is a distinct possibility the East Sussex Group will be suspended.

For more information, please contact us: <u>eastsussex@coeliac.org.uk</u> or telephone: 01424 850796, by 3rd October 2013.

Coffee Morning Dates for your Diary

Café des Arts, Hastings:

Wednesday 11th September, 10.00 am – 12 noon

Wednesday 11th December, 10.00 am – 12 noon

Find Out More about Your Group

Please visit the East Sussex group website and Facebook page:

www.coeliac.org.uk/get-involved/local-voluntary-supportgroup/group/east-sussex

www.facebook.com/CoeliacEastSussex