



## Welcome to the Volunteers' Conference

## Our day together

- Coeliac UK Update
- Engaging Members and developing the Charity
- Updating our services: venue guide and recipe database
- Scotland update
- Developing Local Groups – review of governance and finance
- Recruiting Committee Members and volunteers
- Thanks and close



## Overview of Coeliac UK

Campaign update – [Isitcoeliacdisease.org](http://isitcoeliacdisease.org)

Campaigning priorities for 2017

Plans for improvement

The Volunteer team

# Campaign update - [isitcoeliacdisease.org.uk](http://isitcoeliacdisease.org.uk)



LEE  
LONDON SW4

**I SUFFERED FROM HORRIFIC MOUTH ULCERS**  
HOW DOES COELIAC DISEASE AFFECT YOU?

Coeliac disease is an autoimmune condition with a range of symptoms. It affects almost everyone who eats wheat, so diagnosis can sometimes be tricky. In fact, some experts feel 1 million people in the UK living with undiagnosed coeliac disease. So, if Lee says you suffer from mouth ulcers and suspect it's from wheat, be sure to let it's worth asking if it could be coeliac?

Go to: [isitcoeliacdisease.org.uk](http://isitcoeliacdisease.org.uk)  
Or call: 0845 305 2060



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PAUL  
LONDON

**I SUFFERED FROM TERRIBLE STOMACH PAINS**  
HOW DOES COELIAC DISEASE AFFECT YOU?

Coeliac disease is an autoimmune condition with a range of symptoms. It affects almost everyone who eats wheat, so diagnosis can sometimes be tricky. In fact, there are around half a million people in the UK living with undiagnosed coeliac disease. So, if Paul says you suffer from terrible stomach pains and suspect that there may be more to it, it's worth asking if it could be coeliac?

Go to: [isitcoeliacdisease.org.uk](http://isitcoeliacdisease.org.uk)  
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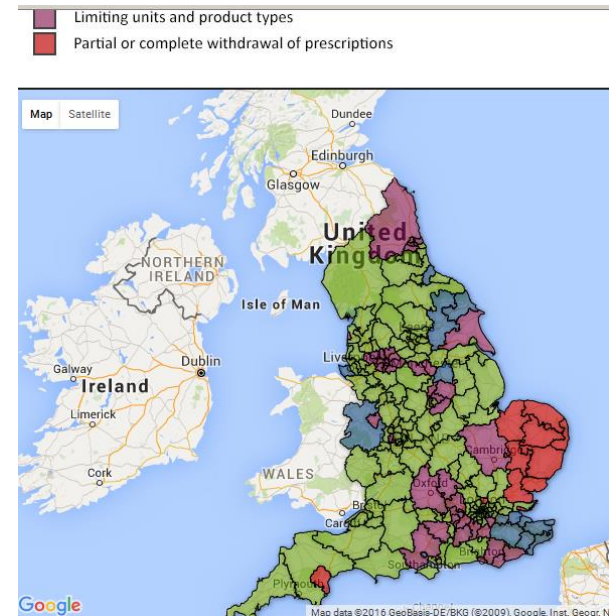
## The results...

- leaflets into 6000 GP surgeries with over 100k picked up
- info ads onto screens in 1,500 GP surgeries
- A3 posters into another 1,000 surgeries
- targeted out key audience through social media ads and videos
- worked with pharmacies in a pilot to identify pharmacy customers at risk of coeliac disease
- created our first ever TV advert



## Campaign priorities for 2017

- continuing our diagnosis work
- food on the move
- prescriptions



# Gluten-free Guarantee

# Plans for improvement



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**NOW IS THE TIME TO THROW AWAY YOUR OLD FOOD LIST and use only the new PINK one.**

**TO SEND US THE AND A DONATION YOU CAN**  
The Food List costs under 3p a week over

**TO CHECK THE CONTENTS OF YOUR LARDER**  
to make sure your old favourites are on the NEW list.

**Crossed Grain**  
Spring 2000 Edition Issue 46

**Featuring Skewer Cooking...**

**Behind the Ready S...**

**Research report**  
The work of these three men may end the need for gluten-free diets for future generations of coeliacs.

**Ask Dr. Butt**  
Dr Sahni Butt is a GP in Surrey, who has an interest in the care of coeliac patients.

**COELIAC** The magazine of the national charity supporting people with gluten intolerance

**The COELIAC Society**

**THE FOOD LIST**

Valid until April 2000

A List of Gluten-free Manufactured products to help those who have been diagnosed as having Coeliac Disease or Herpetiformis.

Price: £4.50

**Crossed Grain**  
Spring 2004 Issue 58

**SPECIAL REPORT**  
New labelling laws: what they mean for you

**Prescriptions**  
You tell us what you think

**Fund raising fun**  
See inside...

**"DELIA-LICIOUS"**  
Gluten-free recipes from her collection

**5 EASY WAYS TO GET FIT**  
No sweat!

**PLUS:** news, community round-up, and expert advice

**Adventurous spirit**  
Broadcaster Vanessa Collingridge tells us why food won't get her down

**EVERYTHING YOU NEED TO KNOW ABOUT GLUTEN-FREE LIVING**

**Coeliac** uk  
support – campaigns – research

**crossed grain**  
GLUTEN-FREE LIVING MAGAZINE  
SPRING 2016 ISSUE 95 £4.25

**High street takeover**  
How our GF accreditation is making eating out easier for you

**Awareness Week 9-15 May**  
What are you doing?

**Mediterranean summer**  
Experience a taste of the med with our Member travel tips and recipe feature

EXCLUSIVE NEWS, PRODUCT RELEASES, RESEARCH AND MUCH MORE



## And what of volunteering?

A growing team:

- Miranda
  - Tuesday, Wednesday, Friday
- Isobel
  - Full time
- Coralie
  - Wednesday, Thursday, Friday
- Bharpur
  - Full time

[Volunteering@coeliac.org.uk](mailto:Volunteering@coeliac.org.uk)



## And what of volunteering?

Growing roles:

- Local Groups
- Member 2 Member
- Food Campaigner
- Health Campaigner
- Research volunteering
- Office volunteering
- Event volunteers

[Volunteering@coeliac.org.uk](mailto:Volunteering@coeliac.org.uk)

Thank You