

## **The 'Living well with coeliac disease' research project ; discussion groups / telephone interviews**

### **Introduction**

A PhD student at the University of Birmingham is aiming to design a package of psychological support to help people live well with coeliac disease. In this phase of the project, a questionnaire will be designed to help identify the areas of life where people with coeliac disease are living well, and also those areas which are more difficult.

The researcher would like to organise two focus / discussion groups of 4 - 6 people with coeliac disease to review the draft questionnaire and advise on how it can be developed further. It is also possible to arrange a short telephone interview about the questionnaire for anyone who would like to take part, but would prefer not to attend a focus group.

### **Who can take part?**

If you would like to take part in the study you must be:

- Aged 16 or over
- Have received a clinical diagnosis of coeliac disease

### **What is involved?**

Each focus group will last approximately 1 hour and will be held at the University of Birmingham. Telephone interviews will be arranged at a mutually convenient time, will last 10 - 20 minutes, and the researcher will call you on your telephone.

The focus group discussions and telephone interviews will review the questions on the draft *Living Well with Coeliac Disease* questionnaire. You and others will be asked to give feedback on the questions (eg does the questionnaire ask the right things in the correct way? Are there things that are missing?) and how the questionnaire may be developed further. It is up to you whether you answer any of the questions, and what answers you give.

### **How to take part**

If you are interested in taking part in the study, or would like more information, please contact, Catharine Rose, at [clr611@student.bham.ac.uk](mailto:clr611@student.bham.ac.uk). You can also telephone on 07554 057 901 if you prefer. Please note that by making contact and showing an interest you are not obliged to take part in the study.

This is a study by the University of Birmingham and has been approved by the University of Birmingham STEM Ethics Committee. The study is funded by Catharine Rose herself.

Catharine Rose is studying for a Doctoral degree in Psychology. This research will form part of Catharine Rose's dissertation titled *Development of the 'Living Well with Coeliac Disease' screening instrument and associated supportive psychological intervention*. (More information at <http://www.birmingham.ac.uk/schools/psychology/people/dr-students/rose-catharine.aspx>)