



COELIAC DISEASE IN CHILDREN

Coeliac disease is a common and lifelong autoimmune condition of the small bowel, caused by a reaction to gluten – a protein found in wheat, barley and rye. It can occur at any age, including in babies when weaning, children and adolescents.

Heightened Risk...



Family history



HLA-DQ2 or HLA-DQ8 gene



Type 1 diabetes



Thyroid problems



Down's syndrome

Symptoms of Coeliac Disease in Children



Diarrhoea or constipation



Recurrent abdominal pain and bloating



Recurrent vomiting



Tiredness and irritability



Iron, vitamin B12 or folic acid deficiency



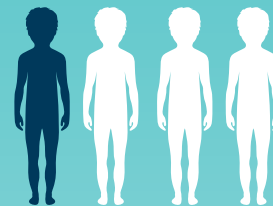
Growth problems

100

1 in 100 children are estimated to suffer from coeliac disease across Europe



Children have a 1 in 10 chance of developing coeliac disease if a first-degree relative is diagnosed



Up to 80% of paediatric coeliac disease cases remain undiagnosed throughout Europe



The only treatment for coeliac disease is to follow a lifelong gluten free diet

References

<http://www.aoecs.org/>
<https://www.ueg.eu/home/>
<https://www.coeliac.org.uk/home/>

This infographic was produced by the ESPGHAN Public Affairs Committee, the ESPGHAN Coeliac Disease Special Interest Group and the Association Of European Coeliac Societies.